Annual Hydrangea Care Calendar

Table of Contents

- January February
- March April
- May June
- July August
- **September October**
- **November December**

Hydrangea Care in January and February

During January and February, hydrangeas remain in their dormant phase. This period is ideal for essential maintenance tasks that will prepare your plants for a thriving growing season. By focusing on proper care during these months, you can set the stage for healthy growth and abundant blooms later in the year.



Source: <u>hydrangealibrary.com</u>; Author: Al

Inspect for Winter Damage

Winter weather can be harsh on hydrangeas, particularly in regions with heavy snowfall or frost. Inspect your plants for broken or damaged branches. Winter damage often occurs when branches are exposed to freezing temperatures or are weighed down by snow and ice.

 Prune Damaged Branches: Use clean, sharp pruning shears to remove any broken or split branches. This prevents disease and encourages healthy growth in spring. Avoid Heavy Pruning: For hydrangeas that bloom on old wood, such as
 <u>Hydrangea macrophylla</u>, refrain from pruning live buds to preserve this year's flowers.

Maintain Mulch Around the Base

Mulching is a key component of <u>hydrangea winter care</u>. A thick layer of mulch helps insulate the roots from freezing temperatures and reduces the risk of frost heaving, which can expose the roots to the elements.

- Recommended Materials: Use organic materials like wood chips, straw, or leaf mould for the mulch layer.
- **Application Tips:** Apply mulch to a depth of 5-7 cm around the base of the plant, ensuring it doesn't touch the stems to prevent rot.

Plan for the Growing Season

January and February are excellent months to plan for your hydrangea garden.

Use this time to assess your plants' health, consider new plantings, or adjust your fertilisation and watering schedules for the upcoming year.

- Soil Testing: Conduct a soil test to check nutrient levels and pH. Adjusting the soil in late winter ensures it's ready for spring growth.
- Garden Design: Plan new hydrangea plantings or companion plants to complement your existing garden layout.

Protect Hydrangeas in Harsh Climates

If you live in an area with severe winters, additional protection may be necessary to prevent frost damage.

- Covering Plants: Use burlap or horticultural fleece to wrap hydrangeas in exposed areas, providing an extra layer of insulation.
- **Shielding from Wind:** Place windbreaks or temporary barriers around your plants to reduce the impact of cold winds.

Caring for hydrangeas during January and February focuses on protecting them from harsh winter conditions and preparing for a successful growing season. By inspecting for damage, maintaining mulch, and planning ahead, you can ensure your hydrangeas thrive and reward you with stunning blooms in the months to come.

Hydrangea Care in March and April

March and April mark the beginning of the active growing season for hydrangeas. With winter behind us, it's time to focus on essential tasks such as pruning, fertilising, and general maintenance to prepare your hydrangeas for a thriving year. Proper care during these months sets the stage for vibrant growth and abundant blooms.

Pruning Hydrangeas in Spring

<u>Spring is the ideal time to prune</u> most hydrangea varieties. Pruning in late winter or early spring helps prevent frost damage, allows you to assess any winter-related issues, and encourages healthy growth.

- **Timing:** Wait until the risk of heavy frost has passed before pruning your hydrangeas to avoid exposing fresh cuts to freezing temperatures.
- New Wood Bloomers: Hydrangeas like <u>Hydrangea paniculata</u> and <u>Hydrangea</u>
 arborescens bloom on new wood, so they should be pruned heavily in spring to
 promote vigorous growth and larger blooms.

- Old Wood Bloomers: Varieties such as Hydrangea macrophylla and <u>Hydrangea quercifolia</u> bloom on old wood. Focus on removing dead or damaged stems, but avoid cutting live buds to preserve this year's flowers.
- **Tools:** Use clean, sharp pruning shears to make precise cuts and reduce the risk of disease introduction.

Fertilising Your Hydrangeas

Early spring is an excellent time to apply fertiliser, giving your hydrangeas the nutrients they need to support vigorous growth and blooming.

- **Type of Fertiliser:** Use a balanced, slow-release fertiliser with an NPK ratio of 10-10-10 or similar. For blue blooms, consider a fertiliser with aluminium sulphate to maintain soil acidity.
- **Application:** Apply the fertiliser around the drip line of the plant, avoiding direct contact with the stems. Water thoroughly after application to help the nutrients absorb into the soil.
- **Frequency**: Apply fertiliser once in early spring and again in late spring or early summer if needed.

Preparing the Soil

Healthy soil is the foundation of thriving hydrangeas. Use this time to test and amend your soil as needed.

- **Soil Testing:** Conduct a soil test to check pH and nutrient levels. Hydrangeas prefer slightly acidic to neutral soil (pH 5.5–6.5).
- Amendments: Add organic matter like compost or well-rotted manure to improve soil structure and fertility.

 Mulching: Refresh the mulch layer around your hydrangeas to conserve moisture, regulate soil temperature, and suppress weeds.

Pest and Disease Monitoring

Spring is the time to monitor for <u>pests and diseases</u> that may affect your hydrangeas. Early detection helps prevent more significant problems later in the season.

- **Common Pests:** Look out for aphids and spider mites. Treat infestations promptly with neem oil or insecticidal soap.
- **Fungal Diseases:** Inspect leaves and stems for signs of fungal infections like powdery mildew. Prune affected areas and apply fungicides if needed.

Caring for hydrangeas in March and April focuses on pruning, fertilising, and preparing the soil to ensure your plants are well-equipped for a successful growing season. By timing your tasks carefully and addressing potential issues early, you can enjoy healthy, vibrant hydrangeas throughout the year.

Hydrangea Care in May and June

As late spring transitions into early summer, hydrangeas enter a critical phase of growth and development. Proper care during May and June is essential to support healthy foliage and encourage abundant, vibrant blooms. Focusing on watering, mulching, fertilising, and pest management will help your hydrangeas thrive during these months.

Watering Hydrangeas

Consistent moisture is vital for hydrangeas, especially as temperatures rise.

Proper <u>watering practices</u> ensure the plants remain hydrated without becoming

waterlogged.

- Frequency: Water hydrangeas deeply once or twice a week, depending on rainfall and soil conditions. In hotter climates, more frequent watering may be necessary.
- Method: Water at the base of the plant to keep foliage dry, reducing the risk of fungal diseases.
- **Time of Day:** Water in the early morning to allow moisture to reach the roots before the day's heat increases evaporation.

Mulching for Moisture Retention

Applying mulch helps conserve soil moisture, suppress weeds, and regulate soil temperature, all of which benefit hydrangea health.

- Materials: Use organic mulches such as compost, leaf mould, or well-rotted manure.
- Application: Spread a 5–7 cm layer of mulch around the base of the plant, extending to the drip line, but keep it away from direct contact with the stems to prevent rot.
- **Maintenance**: Check the mulch layer regularly and replenish as needed to maintain its effectiveness.

Fertilising Hydrangeas

Providing appropriate nutrients during May and June supports robust growth and enhances blooming.

• **Type of Fertiliser:** Apply a balanced, slow-release fertiliser with an NPK ratio of 10-10-10 or similar. For blue blooms, consider a fertiliser with aluminium

sulphate to maintain soil acidity.

- Application: Follow the manufacturer's instructions for the correct amount and method of application. Typically, fertiliser should be applied around the drip line of the plant, avoiding direct contact with the stems.
- **Frequency:** Fertilise once in early May and again in June to support continuous growth and flowering.

Pest and Disease Management

Monitoring for pests and diseases during these months allows for early intervention, preventing more significant issues later.

- **Common Pests:** Look out for aphids, spider mites, and leaf tiers. Treat infestations promptly with neem oil or insecticidal soap.
- **Fungal Diseases:** Inspect leaves and stems for signs of fungal infections like powdery mildew. Prune affected areas and apply fungicides if needed.
- **Preventative Measures:** Ensure good air circulation around plants by spacing them appropriately and removing any debris from the base.

By focusing on consistent watering, effective mulching, appropriate fertilising, and vigilant pest management during May and June, you can ensure your hydrangeas remain healthy and produce stunning blooms throughout the summer. Regular attention to these care practices will reward you with a vibrant and flourishing hydrangea display.

Hydrangea Care in July and August

July and August are peak summer months when hydrangeas are in <u>full bloom</u>. This period is crucial for maintaining the health and beauty of your plants.

Focusing on proper watering, deadheading, fertilising, and pest management will ensure your hydrangeas remain vibrant and healthy throughout the summer.

Watering in Summer

Hydrangeas are particularly sensitive to heat and require consistent watering during hot summer months. Proper hydration is key to preventing wilting and promoting robust growth.

- **Frequency:** Water deeply 2–3 times a week during dry periods. Increase frequency during heatwaves to compensate for higher evaporation rates.
- **Method:** Direct water to the base of the plant to avoid wetting the leaves, which can lead to fungal diseases.
- **Timing:** Water early in the morning or late in the evening to minimise water loss through evaporation.

Deadheading Spent Blooms

Removing spent blooms, or deadheading, keeps your hydrangeas looking tidy and can encourage the plant to focus energy on producing new growth.

- **Tools:** Use clean, sharp pruning shears to cut blooms just above a healthy set of leaves.
- **Timing:** Deadhead regularly throughout July and August to maintain the plant's appearance.
- Old Wood Varieties: For hydrangeas blooming on old wood, avoid cutting too deeply to preserve buds for the next season.

Fertilising for Continuous Growth

Hydrangeas benefit from a mid-season boost of nutrients to sustain their blooms and foliage during summer.

- **Type:** Use a balanced fertiliser (e.g., 10-10-10) or a product specifically designed for flowering plants. For blue hydrangeas, ensure the fertiliser includes aluminium sulphate to maintain soil acidity.
- **Application:** Spread fertiliser around the drip line of the plant, avoiding direct contact with stems. Water thoroughly after application.
- **Frequency:** Apply fertiliser once in mid-July if you haven't fertilised in late spring. Avoid over-fertilising, as it can lead to excessive foliage growth at the expense of blooms.

Managing Pests and Diseases

Warm and humid summer conditions can lead to an increase in pests and diseases. Regular inspection and prompt treatment are essential to keep your hydrangeas healthy.

- Common Pests: Monitor for aphids, spider mites, and scale insects. Use neem oil or insecticidal soap for treatment.
- Fungal Issues: Inspect leaves for signs of powdery mildew or leaf spot.
 Remove affected foliage and apply a fungicide if necessary.
- Prevention: Maintain good air circulation around the plant by avoiding overcrowding and pruning as needed.

July and August are crucial months for <u>hydrangea care</u>, as the plants are at their most active. By focusing on proper watering, deadheading, fertilising, and pest

management, you can ensure your hydrangeas remain healthy and vibrant throughout the summer, rewarding you with their stunning blooms.

Hydrangea Care in September and October

As autumn arrives, it's crucial to prepare your hydrangeas for the upcoming winter months. Focusing on proper care during September and October will help ensure your plants remain healthy and resilient through the colder season. Key tasks include appropriate watering, mulching, and protecting buds from frost damage.

Watering in Autumn

Maintaining adequate soil moisture is essential as hydrangeas transition into dormancy.

- **Frequency:** Continue to water your hydrangeas regularly until the ground freezes, ensuring the soil remains consistently moist but not waterlogged.
- Method: Water at the base of the plant to keep foliage dry, reducing the risk of fungal diseases.
- **Timing:** Water in the morning to allow excess moisture to evaporate during the day.

Mulching for Winter Protection

Applying mulch in autumn helps insulate the roots and conserve soil moisture, providing a buffer against temperature fluctuations.

- Materials: Use organic mulches such as compost, leaf mould, or well-rotted manure.
- **Application:** Apply a 5–7 cm layer of mulch around the base of the plant, extending to the drip line, but keep it away from direct contact with the stems to

prevent rot.

• **Benefits:** Mulching helps maintain soil temperature, reduces weed growth, and improves soil structure over time.

Protecting Buds from Frost

It's important to avoid pruning hydrangeas in autumn, as the remaining flower heads provide natural protection for the developing buds against frost.

- **Pruning:** Refrain from cutting back stems or removing spent blooms during this period. The old flower heads act as a shield for the buds beneath, reducing the risk of frost damage.
- Additional Protection: In areas prone to severe frost, consider covering your hydrangeas with burlap or horticultural fleece to provide extra insulation.
- **Timing:** Plan to prune your hydrangeas in late winter or early spring, after the threat of heavy frost has passed.

By focusing on proper watering, mulching, and protecting buds from frost during September and October, you can help your hydrangeas withstand the winter months and emerge healthy in the spring. Avoiding autumn pruning is essential to preserve the natural defences of the plant, ensuring robust growth and beautiful blooms in the coming year.

Hydrangea Care in November and December

As the coldest months of the year approach, hydrangeas enter full dormancy. This period requires minimal intervention but remains critical for ensuring the plants survive winter and are ready to thrive in spring. Proper preparation during November and December can make a significant difference in your hydrangeas' health and resilience.

Winter Protection for Hydrangeas

Protecting your hydrangeas from extreme cold is vital during the winter months, especially in regions prone to harsh weather.

- Insulating the Base: Apply an extra layer of mulch (10–15 cm) around the plant's base to provide insulation for the roots. Use organic materials like straw or bark chips.
- Covering the Plant: For added protection, particularly for Hydrangea
 macrophylla, cover the plant with burlap or horticultural fleece. Ensure the
 covering allows airflow to prevent moisture build-up and rot.
- Protecting from Wind: Use windbreaks, such as temporary barriers or natural hedges, to shield hydrangeas from cold winds, which can exacerbate frost damage.

Monitoring for Issues

Even in dormancy, it's essential to keep an eye on your hydrangeas to ensure they remain in good condition.

- **Check Mulch:** Periodically inspect the mulch layer to ensure it hasn't shifted or thinned due to wind or rain.
- Inspect for Pests: Look for signs of overwintering pests, such as insect eggs or larvae, and remove them promptly.
- Prune Only Damaged Stems: If you notice broken or diseased stems, prune them carefully to prevent disease spread. Avoid cutting live stems until late winter or early spring.

Planning for the Next Growing Season

While hydrangeas rest, November and December are perfect months for planning changes or improvements to your garden.

- **Soil Preparation:** Consider testing your soil during this downtime to determine if amendments are needed before spring planting.
- **Garden Layout:** Plan new hydrangea plantings or redesign areas to incorporate companion plants that enhance their beauty.
- **Tool Maintenance:** Take this time to clean and sharpen gardening tools, ensuring you're ready for the busy growing season ahead.

Caring for hydrangeas throughout the year involves understanding their seasonal needs and adapting your approach accordingly. From dormancy in winter to vibrant growth in spring and summer, each phase requires specific attention. By following this annual care guide, you can ensure your hydrangeas remain healthy, resilient, and consistently stunning.

Remember, patience and consistency are key. Hydrangeas reward diligent care with breathtaking blooms and lush foliage, making every effort worthwhile. Whether you're an experienced gardener or just beginning, these care tips will help you cultivate a thriving garden filled with the timeless beauty of hydrangeas.

Source: <u>hydrangealibrary.com</u>